

# Entgiftung

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Unter **Entgiftung** (lateinisch/griechisch: **Detoxifikation**) versteht man:

- die physiologische Verstoffwechslung von toxischen Substanzen über Leber und Niere im Rahmen der Biotransformation. Sind diese Entgiftungsprozesse gestört, kommt es zu einer Vergiftung des Körpers mit Stoffwechsel-Abfallprodukten, z. B. als Leberkoma oder Urämie; siehe auch: Dialyse
- innerhalb von Zellen diejenigen Stoffwechselwege, die den Abbau schädlicher Fremdstoffe (Xenobiotika) bewerkstelligen
- bei Abhängigkeitserkrankungen jene Phase, in der eine psychotrope Substanz (umgangssprachlich: *Suchtmittel*, *Droge*) plötzlich oder langsam weggelassen bzw. abgesetzt wird, siehe Entzug psychotroper Substanzen, Opioidentzug; Entzugssyndrom
- in der Alternativmedizin wird von Entgiftung im Zusammenhang mit der Entschlackung des Körpers gesprochen
- bei Abwässern die Reinigung von giftigen Inhaltsstoffen, siehe Abwasserentgiftung



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